

LISBON CO-CURRICULAR CONTRACT

ATHLETE'S NAME _____ GRADE _____

DATE OF BIRTH _____ HOME PHONE # _____

ADDRESS _____

MALE PARENT/GUARDIAN PRINTED NAME _____
EMAIL ADDRESS _____

FEMALE PARENT/GUARDIAN PRINTED NAME _____
EMAIL ADDRESS _____

PARENT/GUARDIAN WORK PHONE # _____

I give permission for _____ to participate in the following interscholastic/athletic activities at Philip W. Middle School. I understand that these activities are approved by the Lisbon School Committee and by the Maine Principals' Association.

PLEASE CIRCLE THE ACTIVITIES FOR WHICH YOU GIVE PERMISSION

- | | | |
|-------------------|-------------------|-------------|
| ART CLUB | ACADEMIC ADVOCATE | TENNIS CLUB |
| BASEBALL | S.A.D.D. | TRACK |
| BASKETBALL | SOCCER | WRESTLING |
| CHEERING | SOFTBALL | YEARBOOK |
| DRAMA | STUDENT COUNCIL | INTRMURALS |
| MATH/SCIENCE CLUB | | |

I understand that it is the responsibility of each incoming sixth grader to obtain a complete physical examination from a licensed doctor of medicine or osteopathy. **Physicals are good for three years. No student will be allowed to participate or try out for a sport until proof of a physical examination, proof of insurance, and a signed contract is submitted.**

I give permission for the designated person, authorized by the Lisbon School Committee, assuming the supervisory role, to secure medical aid. I also understand that it is the responsibility of each participant to provide proof of accident insurance coverage to participate in interscholastic athletic activities at Philip W. Middle School. **No waivers of insurance will be accepted. If there is no proof of insurance, the student will not be allowed to participate. My daughter/son is covered by the following insurance program:**

NAME OF INSURANCE COMPANY _____

POLICY NUMBER _____

Please list the name and telephone number of a person who may be reached in an emergency in the event that the parent or guardian cannot be reached:

PRINT NAME _____

HOME PHONE # _____ WORK PHONE # _____

FAMILY DOCTOR _____ PHONE # _____

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Involvement in co-curricular activities may lead to injuries that can have a short-term or long-term effect on the student. The Co-Curricular Department, therefore, recommends that you follow these guidelines to insure for less chance of injuries:

1. Learn the fundamental skills involved in your activity. Work on them carefully.
2. Listen carefully to your coach/advisor. Ask questions if you don't understand.
3. Always warm up and stretch prior to participating in any co-curricular activity.
4. Work hard to be in top physical shape.
5. Report all injuries no matter how small to your coach/advisor.

WE UNDERSTAND THAT THE LISBON SCHOOL COMMITTEE, ITS AGENTS, SERVANTS, OR EMPLOYEES CANNOT BE HELD RESPONSIBLE FOR ANY INJURY OCCURRING AS A RESULT OF PARTICIPATION IN THE CO-CURRICULAR EVENT, AND THAT THERE ARE INHERENT DANGERS AND RISKS IN PARTICIPATING IN ANY CO-CURRICULAR EVENT. WE HEREBY ACCEPT THESE INHERENT DANGERS AND RISKS. WE HEREBY AGREE TO NOTIFY THE MIDDLE SCHOOL OF ANY CONCERNS OR PROBLEMS THAT EITHER OF THE UNDERSIGNED SEE REGARDING THE CO-CURRICULAR EVENT(S).

It is the belief of the Co-Curricular Department of Philip W. School that it is an honor and privilege to be a member of any co-curricular team/club in Lisbon. All members of a team/club are representatives of not only their team/club but of their school as well. In view of these facts, the preceding regulations have been established for all team/club members. Any student receiving this contract from a coach/advisor or school official agrees to abide by these stipulations.

By signing this, both the parent/guardian and the student acknowledge that they have read, understand, and agree to abide by the stipulations set forth in the Philip W. School Co-Curricular contract and Philip W. School Co-Curricular Department policy.

This contract is valid for the entire school year 2009-2010 starting August 31, 2009 and ending the last scheduled activity for your respective sport/activity.

Signature of Parent/Guardian

Date

Signature of Student

Date

Signature of Coach/Advisor

Date

PHILIP W. SCHOOL CO-CURRICULAR DEPARTMENT POLICY

1. PHILOSOPHY

Co-curricular activities at Philip W. School are those activities in which students voluntarily participate. We believe there is a great deal of educational value derived from such participation. There must be certain disciplines and regulations to insure a successful relationship of the individuals to themselves, their specific activity, their school and their community. It is our belief that the individual members of any school activity have an obligation to themselves, their families, their school, and their community to assume the responsibility for their own and for the group's success in developing responsible school and community citizenship.

II. OBJECTIVES

- A. To provide a program of interscholastic activities.
- B. To provide equipment and facilities necessary to carry out these programs in a safe, positive learning environment.
- C. To provide recreation for the student body and community.
- D. To provide activities for students with different interests.
- E. To provide activities where the individual may fulfill educational values, such as leadership, sportsmanship and teamwork as well as self-improvement.

III. GUIDELINES FOR PARTICIPATION IN ALL CO-CURRICULAR ACTIVITIES

A. Eligibility

Academics come FIRST at PWS! The focal point of our teaching is that all of our students will meet the standards that are required for each class. In the Co-Curricular Department, it is expected that all participating students maintain a score higher than 1.5 in all academic areas: math, science, etc., as well as foreign language and exploratory. The goal of the Co-Curricular Department is that each student will have the opportunity to reach the academic standards and also continue to work on the skills necessary to be successful in the chosen co-curricular activity whether it is a sports team or drama, yearbook, student council, etc.

1. Eligibility for participation in co-curricular activities (defined as athletic or school sponsored clubs, teams or organizations) will be recognized on a quarterly basis. A quarter is defined as any one of the time periods established each year for the distribution of report cards.

2. Any students with a cumulative score of 1.5 or less, in a subject area, will be required to attend afternoon academic support two afternoons a week for a three week probationary period.

Once the student brings the grade to passing, the teacher will give a note to the student for the coach or the teacher can send an email to the coach. This can be before the three week period is over.

The student will still be able to practice and play as long as he/she attends afternoon support for the required number of days. **IF A STUDENT HAS AN UNEXCUSED ABSENCE FROM ACADEMIC SUPPORT, HE/SHE WILL MISS THE NEXT TWO GAMES ON HIS/HER SCHEDULE! A SECOND UNEXCUSED ABSENCE WILL RESULT IN THE STUDENT BEING REMOVED FROM THE TEAM, CLUB, ETC.**

3. In addition, students participating in interscholastic athletics must submit proof of a valid physical examination upon entering the 6th grade, proof of insurance, and a signed co-curricular contract submitted to the main office prior to any participation in any try-out or practice.

4. All interscholastic sports and co-curricular activities will be held accountable to the same standards for eligibility/participation. All students who participate in a co-curricular activity are required to complete an activity participation contract. The activity participation contract will be provided to the students by the coach or faculty advisor prior to participating in the co-curricular activity. **All student behavior issues will be addressed in accordance with the Student Handbook. The co-curricular Eligibility Guidelines may change. When changes are made, students will be informed of the new guidelines and an effective date.**

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B. ATTENDANCE

- 1. Students involved in daytime or evening performances (practices, games, concerts, plays, etc.) must be in attendance for the entire school day if they plan to participate that day or evening.**
2. Students must be in attendance or accounted for the entire day and on time at the opening of school following any particular event
3. Students who are dismissed from school due to illness will not be permitted to return to school in order to participate in any co-curricular activity or event. Any student who has a scheduled detention cannot participate, practice, or play in that activity on the day of the scheduled detention. Any exceptions to this stipulation must be evaluated by the school administration, and failure to comply with this policy will result in the student not being allowed to participate in the next scheduled event and/or other disciplinary action.

C. OTHER GUIDELINES

1. Students shall conduct themselves in such a manner as to give highest standard value to themselves, their coaches, parents, school and community.
2. Every participant shall endeavor to stay with the activity until the end, contributing in whatever way possible to the overall effort of that activity.
3. Each individual shall make a choice about what activities to join and then shall devote their energies to the promotion of that activity.

IV. SPECIFIC ACTIVITY RULES AND REGULATIONS FOR ATHLETICS

A. Students may participate in only one athletic activity during any single season.

B. Individuals quitting or dropping an athletic activity may not participate in that activity during that year or join any other athletic activity while his or her original activity is still in progress. This regulation goes into effect after ten (10) practice sessions have been completed.

C. General conduct of students shall be such as to bring credit to themselves, their parents, school, or team/club. If a student commits an unsportsmanship act during practice and/or games, the Co-curricular Director, coach, captain, if applicable, will meet to deem if a game/meet/performance suspension is warranted. If the same person commits another unsportsmanship act during the current year, he/she is suspended from the team/club for the remainder of the season. If he/she commits a third act during the year, he/she is suspended from all co-curricular activities for the school calendar year.

D. Any student under contract who is reported by a reliable source and verified having been at a party where drugs and/or alcohol were present will be suspended for the next game. Should the student have a second offense, he/she will be liable for a suspension from the team for five games and a mandatory substance abuse evaluation will be required before the student returns to the team. A third offense will result in a suspension for the remainder of the season.

E. Tobacco products, substance abuse, theft and/or willful damage of equipment and facilities will result in disciplinary actions as outlined below, effective immediately when a middle school administrator becomes aware of the infraction.

OFFENSE

PENALTY

Tobacco products: use and/or possession

First Offense: Suspended for 20% of regular season games/meets/performances. Parents notified. Mandatory substance abuse evaluation **before** returning to play or practice with the team/club. If suspension happens over vacation, student/athlete will be suspended over vacation as well. If student/athlete violates contract while they are not participating, they will sit out the required number of games the next season they participate.

Second Offense during the year:

Suspended for the remainder of the season. Parents notified. Mandatory substance abuse evaluation **before** returning to play or practice the next season or school year.

Third Offense during the year:

Suspended from co-curricular activities for the remainder of the school calendar year. Parents notified. Mandatory substance abuse evaluation **before** returning to play or practice the next school year.

Substance abuse: use and/or possession

First Offense: Suspended for 20% of regular season games/meets/performances. Parents notified. Mandatory substance abuse evaluation **before** returning to play or practice with the team/club. If suspension happens over vacation, student/athlete will be suspended over vacation as well. If student/athlete violates contract while they are not participating, they will sit out the required number of games the next season they participate.

Second Offense during the season:

Suspended for the remainder of the season. Parents notified. Mandatory substance abuse evaluation **before** returning to play or practice the next season or school year.

Third Offense during the year: Suspended

from co-curricular activities for the school year. Parents notified. Mandatory substance abuse evaluation **before** returning to play or practice the next school year.

Theft

Five (5) to ten (10) days team/club suspension. Parents notified. Police involvement; restitution/possible court action.

Willful damage/Vandalism

Five (5) to ten (10) days team/club suspension. Parents notified. Restitution or replacement. Police notified, possible court action, review before School Committee.

F. All disciplinary action by a coach/advisor must be reported to the Co-Curricular Director in writing within 48 hours. Athletes may appeal any action to the Co-Curricular Appeals Board for their consideration.

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G. When there is a valid reason for a student being absent from practice, the student needs only to bring a note from a parent or doctor stating the reason for the absence. The acceptance of the note will be determined by the coach.

H. In case of excessive absenteeism from practice sessions, coach/advisor will use their own discretion as to disciplinary action.

I. All students are required to travel to and from out of town contests with the team/club except when necessary to leave an event with their parents or prior written notification 24 hours in advance to the coach.

J. Equipment issued to students must be returned or value paid in full (in case of damage, loss, or theft) before a student may participate in another sport/activity.

K. Students shall follow all established policies plus any training rules and regulations required by the coach/advisor of the individual activity.

L. All individual training rules and regulations established by the coach/advisor must be written and a copy given to each participant and the Co-Curricular Director.

IV. CO-CURRICULAR APPEALS BOARD

There shall be an established Co-Curricular Appeals Board to review cases. The Co-Curricular Appeals Board will hear, when requested by student athletes, cases involving disciplinary action. The Co-Curricular Appeals Board shall consist of the Principal, Co-Curricular Director, advisors, coaching staff, team captains, and a representative from Student Government. The Principal shall serve as chairperson of the Co-Curricular Board.